

# Bugler



Volume XXII Number 5 Armed Forces Retirement Home Washington, D.C.

Early Summer Edition Tuesday, June 24, 2003



First Day of Issue! Resident Purple Hearters from AFRH-W participated in the U.S. Postal Service event. Residents from left to right are Nathan Reed, Charles Chambers, Wilfred McCarty, David Summers and Norman Godfrey.

#### **INSIDE:**

°Welcome aboard page 2 °What is SARS? page 7 °WWII Memorial Update page 10 °Women's Memorial page 11

## **Purple Heart Stamps Honor Sacrifices**

One of the oldest military decorations in the world was commemorated with the issuance of the new Purple Heart postage stamp issued by the United States Postal Service on May 30.

The official first day of issuance ceremony took place at George Washington's Mount Vernon Estate and Gardens. The new stamp is now available at post offices nationwide.

"General George Washington created the Purple Heart decoration as a way to honor and thank the brave soldiers who fought under his command," said Postmaster General John E. Potter, who dedicated the stamp. "Now, it is our turn to do the same and continue Washington's patriotic tradition. With the issuance of this stamp, the Postal Service, along with the rest of America, can pay tribute to the men and women whose sacrifices have given all of us a country that is truly the 'land of the free and the home of the



The Purple Heart postage stamp is unveiled during a ceremony held on the grounds of Mount Vernon, Va.

brave."

Joining Potter was William A. Wroolie, national commander of the Military Order of the Purple Heart.

With the issuance of the Purple Heart stamp, the Postal Service honors the sacrifices of the men and women who serve in the U.S. military. The Purple Heart is awarded in the name of the President of the United States to members of the U.S. military who have been wounded or killed in action. According to the Military Order of the Purple Heart, an organization for combat-wounded veterans, the medal is "the oldest military decoration in the world in present use and the first award made available to a common soldier"

On Aug. 7, 1782, during the Revolutionary War, General George Washington issued an order that established a badge of distinction for meritorious action. The badge consisted of a heart made of purple cloth.

Known as the Badge of Military Merit, the award was distinctive because it

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#### THE BUGLER

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The Bugler is an authorized publication ideas and submissions is recommended. of the Armed Forces Retirement Home-Washington.

Residents and employees are encouraged to submit photos, art, news items, and features. Materials will be edited by The Bugler staff for journalistic style and this publication are there for a purpose;

Affairs Officer or editor regarding story errors.

Editorial views and opinions expressed in these pages are not neces-

sarily those of AFRH-W, the Director or the staff.

Please be aware that any mistakes in we publish something for everyone and Direct communication with the Public some people are always looking for

#### WELCOME HOME!

William Block	U. S. Army	Maple Grove, MN
John Brady	U. S. Navy	Akron, OH
George Campbell	U.S. Navy	Winter Haven, FL
Gracie Carpenter	U.S. Army	Oklahoma City, OK
William Conrad	U.S. Navy	Crownsville, MD
Forrest Klein	U.S. Army	Pinellas Park, FL
Frank Kusnir	U.S. Navy	Virginia Beach, VA
Daniel Funk	U.S. Army	Baltimore, MD
Leonard French	U.S. Air Force	satellite Beach, FL
James Hurd	U.S. Army	Washington, DC
Sandra Intorre	U.S. Army	Allen Park, MI
James Jones	U.S. Air Force	Imperial, MO
John Kleesattle	U.S. Army	Riverside, NJ
John Lambert	U.S. Army	Vienna, VA
Robert O'Brien	U.S. Navy	Middleboro, MA
William O'Kelly	U.S. Army	Lawton, OK
John Mallernee	U.S. Army	Ellensburg, WA
Ruby Malloy	U.S. Army	Benton, AR
George Mashour	U.S. Navy	Halls, TN
John Newman	U.S. Navy	Alexandria, VA
Donald Paulsen	U.S. Army	Greensboro, NC
Allen Peek	U.S.M.C.	Springfield, VA
Homer Pingley	U.S Army	Mullins, SC
William Plum	U.S. Army	Rockford, IL
Richard Post	U.S. Army	Everette, WA
William Russell	U.S. Air Force	Tampa, FL
Ralph Scott	U.S. Army	Houston, TX
Charles Skipper	U.S. Army	Baltimore, MD
S.N. Smith	U.S. Navy	Jacksonville, NC
Donald Spangler	U.S. Army	College Park, MD
Richard Swain	U.S. Army	Norwalk, CA
Ralph Tegge	U.S. Air Force	Hamilton, OH
Warren Toogood	U.S. Air Force	Baltimore, MD
Benjamin Young	U.S. Army	Forest Hill, LA



#### What Will "The Bugler" Be?

You will recall Last Monday and Tuesday there was a table in front of the Scott Dining Room. You were invited to participate in the naming of the new Armed Forces Retirement Homes' newspaper. The last such contest was in the late 1970s when the current name, "The Bugler" was chosen. As we go to press with "The Bugler, Volume XXII Number 5, "the outcome of last week's contest is unknown. The response of the Residents to this contest was excellent. There wasa around 150 entries in the name selection for the new paper.

The revamped newspaper will serve both the Washington, District of Columbia Campus and the Gulfport, Mississippi Campus. Current thinking is that the paper's finalized layout and prepress for the newspaper will be done at the Washington Campus. Each campus will have it's own reporters, etc.

George Lynch, a 30 year United States Marine Corps Retiree. George, a Public Affairs and as a Photo Journalist professional has joined the Newspaper Staff as Assistant Editor.. George brings more experience to this publication than it has ever enjoyed before. You have enjoyed his frequent contributions to "The Bugler" as he and his buddies search for a better cup of coffee. "Cross Country Coffee Safari" on pages 12–13 is his piece for this issue. Welcome aboard George! Your talents are needed and will be appreciated.

Several residents have approached me about the use of the word "Campus" to describe our Homes. Therefore, I researched the word. and it's synonyms at "Thesaurus.com," and "Dictionary.com." It appears that, contrary to some opinions the concept is a habitat entity as well as grounds of an educational institution. Enjoy your paper! -20-

## Campus News

## From the Chief Operating Officer

Since I arrived here in September 2003, the quality of care and services for all of our distinguished residents has been my #1 priority. I am firmly committed to ensuring that our residents do not lose any of the services they currently enjoy. My personal and professional goal is not to reduce services, but rather to improve levels of care and services to the residents who make the AFRH their Home. In order to improve services, my staff has been looking at updating our service delivery systems to be more closely aligned with services offered in private retirement communities. My staff is committed to doing everything we can to ensure that transitioning to these updated systems of service is transparent to our residents.

Along with my commitment to improved services comes my concern about the multitude of rumors, misinformation, and incomplete information that is circulating our two campuses. For example - there is no truth to the fact that we plan to close the Washington facility and move everyone to the Gulfport facility. Additionally, there is no truth that we are "selling off" all the land on the Washington campus to outside entities. The truth is that the only land we are selling is the 49 acre parcel on the other side of North Capitol Street, which was initiated in the mid-1990s. We are, however, exploring opportunities to better utilize empty or under utilized buildings on the Washington campus that will generate additional revenue to our Trust Fund. Our plan is to do this through a series of lease agreements. By leasing under utilized buildings

we still own the land and the buildings, but we will enjoy increased revenue. There are also a series of rumors that state we are trying to reduce services to the residents. These rumors are simply not true.

In order to have a forum for better communications among our residents, the Resident Advisory Council, the leadership of the Home and my office, I invite interested residents to attend monthly information sessions which will be conducted on a full range of subject matter and issues. These sessions will provide clear and concise information in an informal setting. Meetings will focus on issues directly impacting residents, and residents will be able to hear first hand what our strategy and plans are on specific topics. Residents will also have an opportunity to ask questions. In addition to these monthly meetings, residents will periodically be provided pertinent information via printed "Fact Sheets" which will be distributed to the residents in the dining room, as well as posted on bulletin boards. Increasing our level of communication is a further commitment to our residents that we want to provide the best care and services available.

Our first information session will occur on July 21st in the Scott Cafeteria at 10:30am. Fact Sheets will be distributed in the weeks prior to the first scheduled meeting. Please join me for a valuable exchange of information.

## From the Director



Ft. Meade Girl Scout Troop 742 sent Girl Scout cookies to the residents at AFRH-W. Colonel Smith greeted the 1st Class Petty Officers Association from Ft. Meade who brought this special delivery.

I continue to be proud of the efforts both professionally and personally we are making at AFRH-W in these times of change. I know change can be a bit unsettling, but I ask for your patience as these changes are discussed and implemented.

Students of AFRH history know that we have made changes over the past 150 years - from eliminating uniforms and mandatory chores to adopting the standard of individual rooms. Every change that was made was been done to enhance the living experience of current Residents while simultaneously anticipating the well-being, needs, and services required for future Residents.

I was reminded recently of the "is the glass half full or half

empty" thinking. With all these rumors, we tend to under-appreciate the great things that we have here at AFRH-W. I encourage you to reflect on all the great things we have on this campus, and ask you to help with those things that could be better. The key to seeing the "glass half full" is to participate in the many events that we have planned, volunteering in an area in which you are interested, or doing something to make your neighbor's life a little better. We will continue to make changes - we switched cable providers this past month to improve the service and channel selections. Next month, we expect to utilize the new handicap bus and provide golf carts for Residents on the golf course.

I assure you that the AFRH leadership's guiding principle in adopting changes is to make the AFRH a better place to live, work, and play. One thing that hasn't changed is our commitment to the Five Principles of Professional and Personal Readiness: Training, maintaining, discipline, caring, and having fun. Please continue to reflect on them. I strongly encourage you to attend the monthly information sessions with Mr. Cox - the first will be July 21st in the Scott Dining Facility. It's an opportunity to hear, first-hand, the plans and goals for this organization.

#### LETTERS TO THE EDITOR

## Women in the Military Displays

I would like to give a "BIG THANKS" to the person (s) that displayed the "Women in the Military."

I'm far from one to sit and write about a display. However, this one is an exception. When I first looked I knew and said, "okay." Then the next day I returned and looked at each picture, both then and now.

I can only speak for myself but I think during my military career the women where just another G.I. I didn't give them much thought. However, after looking at the display, I felt a sense of pride and all I could do was smile. I also realized what I'd missed out on by not getting to know the women in the military.

You all did so much and I know you are proud you served as I'm proud to see you walk these halls. You are just as beautiful as you were "then."

Thank you for serving! Casey Kanalos Resident

\*Note: Home resident Jeanne Beasley is the lady to be thanked for the great display!

## Superb Care By LaGarde Staff

I would like to commend the staff, especially Mrs. Joyce Ukwuavi and Mr. Kenneth Williams from LaGarde Building 4th floor King Health Center.

The care that I received there during my three week stay was excellent. The professional and courteous way that they performed their duties reflects great credit upon themselves and AFRH-Washington.

Thank you, Mike Longwell Resident

## A Special Thank You

I would like to personaly thank the following Home employees: Larry Graham, Robert Moore and Rick Overby. Thank you for taking the time to help a resident in need. A gentleman's BPV brokedown on Home grounds and you guys came to the rescue.

Thank you, Loretta Turner Resident

## THE GARDEN by Ida Simpson

I knew a wise old woman Who sowed a little garden On the other side of town, The sweetest little garden That I have ever known. I watched her as she tended it, Shared it every day, With every friend and stranger Who passed along the way. One day I asked her How it could be That, despite such generosity, Her little garden Just grew and grew. "My child," she smiled, "Didn't you know? A garden, like love, Is a gift from above: The more you give of each, The sweeter they grow!"

#### **SEASONS**

#### by Leslea Pidgeon

Europe is fascinating
Each country is educational
and has its own beautyIs like a quilt; Scotland, for one-with its
plaids and kilt, the languages and
money change plus customs toomany adventures await,
you!

### PUBLIC NOTICE

The Joint Commission on Accreditation of Healthcare Organizations (JCAHO) will conduct an accreditation survey of the Armed Forces Retirement Home - Washington, July 14-15, 2003.

The purpose of the survey will be to evaluate the organization's compliance with nationally established JCAHO standards. The survey will be used to determine whether, and the conditions under which, accreditation should be awarded the organization.

JCAHO standards deal with organizational quality of care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with JCAHO's field representatives at the time of the survey. Information presented at the interview will be carefully evaluated for relevance to the accreditation process. Requests for a public information interview must be made in writing and should be sent to JCAHO no later than five days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to:

Division of Accreditation Operations

Long Term Care

Joint Commission on Accreditation of Healthcare Organizations

One Renaissance Boulevard

Oakbrook Terrace, Illinois 60181

JCAHO will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview. The organization will, in turn, notify the interviewee of the date, time, and place of the meeting.

This notice is printed in accordance with the JCAHO's requirements.

(HCSD Ext 3324)

## **HEALTH NEWS**

## What is Severe Acute Respiratory Syndrome (SARS)?

By Sissay Awoke M.D.

SARS is an acute respiratory disease that has emerged in recent months in Canada, China, Hong Kong, Indonesia, Philippines,, Singapore and Vietnam. Which is manifested by early symptoms like fever greater 100 degrees F, muscle ache, dry cough, shortness of breath or difficulty in breathing. In some cases these symptoms are followed by low oxygen saturation, In some cases these symptoms are followed by inflammation of the lung [Pneumonia] and occasionally acute respiratory distress.

Incubation period, that is from the first day the person contacted the disease until the symptoms start is 2-5 days and commonly is 3-5 days.

Frequently asked questions.

Where did SARS come from?

°Definite identification has not been made. However, scientists have detected previously unrecognized virus in patients with SARS.

°What is atypical pneumonia? Pneumonia is an infection of the lung caused by bacteria, virus or fungus. Atypical pneumonia appears different from the classic presentation of this infection and may be more viral in nature.

How is SARS transmitted? The disease appears to be transmitted from person to person through droplet transmission when in close contact with a person with SARS coughs, or sneezes, they disperse droplets into the air and someone else breathes them in. It is possible to get the infection from an object contaminated by the virus because the virus can survive in the environment for as long as three hours.

°What can I do to prevent the transmission of SARS?CDC has recommended the following to prevent the transmission of SARS.

°Infection control precautions should be continued for SARS patients for 10 days after respiratory symptoms and fever are gone.. SARS patients should not go to work ,school,out of home day to day care or other public areas during the 10 day period. °During the 10 day period, all members of the household with SARS patient should follow hand hygiene such as frequent hand washing.

°Each patient with SARS should cover his or her mouth before sneezing or coughing. If possible patient recovering from SARS should wear surgical mask during close contact with uninfected persons.

°SARS patients should avoid sharing utensils, towels and bedding with other members of the household.

°Use common household cleaners to clean toilets, sinks and other surfaces touched by by patients with SARS, but the cleaners must be used frequently.

°Is there a test for SARS? No. There is no test available yet for SARS

°What should I do if I think I have symptoms of SARS

°if you are ill with a fever of over 100.4 degrees F. that is accompanied by a cough or difficulty in breathing or that progresses to a cough and or difficulty breathing you should consult a health care provider, tell about recent travel to regions where cases of SARS have been reported and whether you were in contact with someone who had these symptoms.

°What is the treatment for SARS? Because the cause of the disease has not been definitely identified, no drug can, at this time, be recommended for prevention or treatment

## Military Research Part of Worldwide Search for SARS Cure

By Sgt. 1st Class Doug Sample

WASHINGTON, — The military has joined a worldwide effort to find a cure for the sometimes deadly SARS virus.

At the request of the Centers for Disease Control and Prevention, a small team of scientists at the U.S. Army Medical Research Institute of Infectious Diseases, Ft. Detrick, Md., has trained its microscopes on severe acute respiratory syndrome.

"This [research] does in fact fit into our overall mission in that although we have not had an outbreak in the military yet, if we were operating in an area where the SARS virus was in fact transmitting, this would be a significant military problem," said John Huggins.

An expert in viral research and chief of the laboratory's viral therapeutics branch, Huggins' major concentration has been on screening drugs against viral agents, including Ebola, Marburg, smallpox and now SARS.

Scientists at the Army institute normally work to develop strategies for protecting military personnel against biological warfare threats and naturally occurring infectious diseases.

"Because SARS poses a global health problem for the military and civilians potentially, we were asked to participate in this effort also," he said.

As of May 29, according to CDC, the virus had caused 750 deaths worldwide, although no SARS related deaths have been reported in the United States.

For years, the institute has been part of a government consortium of research facilities that includes the CDC, the National Institutes of Health and the National Institute of Allergy and Infectious Diseases. The Fort Detrick institute and CDC have existing collaborations on smallpox virus, Huggins said. He noted that because CDC is the only repository of

#### Continued on page 7

## A LOOK BACK

## Kindness Will Reap Big Rewards

#### By Ludwig Olson

When I was visiting Italy many Years ago, I encountered a beggar woman and her baby on a street in Venice. It was a pitiful sight that would have caused even a dictator like Hitler to burst into tears! The baby clung tightly to its mother. Both were dirty and in rags. The mother's expression of hopelessness was almost one of desperation. I responded immediately to the situation by getting out my wallet and giving generously.

As to the reward for that kind deed, a religious person would say, "Ye shall be rewarded in heaven." If it happened that the person responsible for the kind deed never got to that hallowed place, a deep inner feeling of having done something to please God would at least reward him.

Kindness can be rewarded in various other ways. After my father and mother bought a general store and nearby house from Matthew Leeman in 1911, the elderly Mr. Leeman had no place to go. His wife had left him. My father and mother let him stay at our place. They likely never charged him for it. He was a very kind and friendly old gentleman. We called him "Uncle Matt." He loved us and we loved him. That mutual feeling was a big reward in itself.

My father had many old cronies. Some years after my mother and Uncle Matt died, my father let one of his cronies stay at our place. The crony had a severe case of asthma and died a few years later. My father was a real estate agent, and had a close friend in the same business. The friend had a falling-out with his wife, and my father provided him with a room in our home. My father and mother were known for their kindness.

Even tough old first sergeants have considerable kindness hidden beneath their casehardened exteriors. A good example was the first sergeant I served with in 1936-37. He was very businesslike and stern, but treated men in a fair and kindly



My uncle, Marion Shepherd with his horse.

manner. Also, he talked to me — as though I was his son and gave me good advice. There's a good reason why the first sergeant is called "mother of the company." Not all first sergeants were like the one mentioned above. The one in the unit I served with in 1935 and part of '36 had me at the top of his KP roster. I got in trouble because I talked while I should have been listening.

One of my cousins, Morris Olson, served in army infantry during World War II and was in the Battle of the Bulge. Because of his husky build, Morris was armed with a BAR (Browning Automatic Rifle), a hefty weapon with great firepower. Unfortunately, he was hit in the upper left part of the chest by an enemy 8 mm bullet. After penetrating a bible in his pocket, the bullet dented a steel mirror behind the bible and was deflected into his left arm. He was evacuated to a hospital in England where he recovered. It was a case of being "saved by a bible." His kindhearted mother gave it to him when he left the farm for military service. Several relatives and friends said that Morris was saved by a kind act of God.

Morris had an older brother, Lloyd, who was a genius at training dogs. Lloyd told his small mixed-breed dog, "Let's

hear you spell Olson." The dog barked five times. Then, Lloyd told his Eskimo Husky dog to howl like a wolf. With muzzle pointed straight up, the dog gave a long mournful howl in wolf-like fashion. The dogs seemed to sense that Lloyd loved them. He was a kind-hearted person with easy-going manner and undoubtedly inherited that trait from his mother.

I would judge that my uncle, Marion Shepherd, had a very special way with animals, especially dogs and horses. He was part Indian, now called "Native American", and seemed closer to nature than most people. His favorite dog was a collie named "Shep". Uncle Marion trained him to do various tricks such as rolling over, jumping through a hoop, sitting up, shaking hands, etc. Shep loved my grandmother and guarded her closely. He was also a skilled working dog very expert at rounding up cattle to bring the herd from pasture to the barn. After Shep died, Uncle Marion picked up a stray dog and trained him in a short time.

A racehorse owned by Uncle Marion was fond of Life Savers mints. The horse learned how to take a mint projecting part way from between Uncle Marion's lips. Evidence of great satisfaction could then be seen in the horse's eyes. A strong bond between man and horse was unmistakable.

Cavalry and field artillery troopers also had a strong bond with their horses. It was a case of mutual affection developed over long periods of close association. The troopers had large amounts of work feeding and grooming the horses, stable police, and keeping saddles, bridles, etc. in good order. A popular ditty of the troopers went like this: "shower, shampoo, shave, shine, and saddle-up!" (I used four's in the ditty for the first commonly-used vulgar

#### Continued on page 15

## **VETERAN NEWS**

## New Compensation Program Announced by DOD

The Department of Defense announced today a new compensation program in partnership with the Department of Veteran Affairs for many disabled military retirees. The new program called Combat-Related Special Compensation (CRSC) becomes effective May 31 for qualified combat-related disabled retirees.

Eligible members are those retirees who have 20 years of service for retired pay computation and who either have disabilities because of combat injuries for which they have been awarded the Purple Heart or who are rated at least 60 percent disabled because of armed conflict, hazardous duty, training exercises, or mishaps involving military equipment.

Payments for qualified retirees will accrue beginning June 1 with first payments possible on July 1. Members must apply to their own branch of service using

DD Form 2860, "Application for Combat-Related Special Compensation". The form will be available by May 28 at: http://web1.whs.osd.mil/icdhome/dde-forms.htm and

https://www.dmdc.osd.mil/crsc.

Retirees may also call their retirement services representative for assistance in getting a form.

Service reviews will determine which disabilities, if any, are combat-related or are the result of an injury for which the member was awarded a Purple Heart. Combat-related disabilities will include those that are the direct result of armed conflict or from conditions that simulate combat, or that result from the performance of uniquely hazardous military duties, or caused by an instrumentality of war.

The services will presume that disabilities awarded VA compensation based

on service-connected exposure to hazards, which are clearly combat-related, are combat-related for the purpose of CRSC. These include Agent Orange, Gulf War illnesses, radiation exposure, mustard gas and lewisite. Post-traumatic stress disorder will require combat-related documentation.

Retirees will be informed of denied applications and the reason for denial. They may reapply later if they are able to show they meet the program criteria or appeal the decision if they believe their disabilities were combat-related, but were denied compensation by their service.

#### Search for SARS Cure Continued from page 5

smallpox virus in the United States, USAMRIID scientists routinely travel to Atlanta to conduct smallpox research.

"When the SARS virus came along, it was pretty straight forward to call the people who work with pretty high hazardous viruses at bio containment levels to start working to find an anti-viral drug," he said. "We knew each other's capability and we knew each other's expertise."

Inside a tightly controlled Biosafety Level 4 laboratory at Fort Detrick, some of the world's most dangerous viruses -- such as Ebola — are studied. (The SARS virus is handled at Biosafety Level 3.) Huggins said scientists have been working long hours searching for a SARS cure.

He noted that a team of seven scientists at the lab is directly testing drugs; about 20 researchers are working on the entire SARS effort.

The strategy, he explained, is to find a "quick fix," to first see if there are any

drugs currently marketed that might work against the virus.

"We developed a test tube assay to see if a drug was capable of stopping the virus from reproducing itself, the first step to stopping someone from being infected," Huggins said.

"We used that assay to begin screening drugs currently on the market to treat other viral diseases. Now we're working at a broader area to look for other potential drugs that might have activity ... sort of hoping you'd find a quick fix.

"It doesn't look like that there is a quick fix, although we're still working on some of those."

However, one promising drug, interferon, is still being looked at, said Huggins, adding that USAMRIID scientists have been studying a large collection of interferon compounds to see if any can stop the virus.

Some interferon does, he pointed out. "What we have more work to do on is to see if they can inhibit the virus at concentrations that would be clinically relevant -- that is concentrations of interferon

you could give to a patient," he explained. "That is work which is underway and we don't yet have the answer to that question."

Although many questions about SARS remain unanswered and more research and testing must still be done, Huggins said thus far, the institute's research into the virus is encouraging. He said he is hopeful a cure can be found.

"We are working with some pharmaceutical firms that have some very powerful tools," Huggins said. "I am optimistic that we will ultimately find something for this particular virus."

## NIGHT LIFE













Photos
courtesy
of
Fred
Fayerweather

## MILITARY IN ACTION

## U.S. Army Celebrates 228 Years!





U.S. Air Force 11th Wing Drill Team







### MALL NEWS

## NATIONAL WWII MEMORIAL DEDICATION PLANS ANNOUNCED

Nearly 59 years after the end of World War II, the National World War II Memorial will be dedicated in Washington, D.C., on Saturday, May 29, 2004.

The Memorial Day weekend celebration on the National Mall will culminate an 11-year effort to honor America's World War II generation. The memorial was authorized by Congress in 1993. Construction began in September 2001 after several years of fund raising and public hearings.

The official dedication celebration will span four days and will include a WWII-themed reunion exhibition on the National Mall staged in partnership with the Smithsonian Institution's Center for Folklife and Cultural Heritage, a memorial service at the Washington National Cathedral, and an entertainment salute to WWII veterans from military performing units. Other related activities in cultural venues throughout the city are expected.

#### **EVENTS SCHEDULED:**

Official Four-Day "Tribute to a Generation"

A four-day dedication celebration planned by the American Battle Monuments Commission (ABMC) will run over Memorial Day weekend 2004, from May 27 through May 30. The official dedication ceremony is set for Saturday, May 29.

Titled Tribute to a Generation, dedication activities will commemorate the memorial and celebrate the contributions of America's World War II generation. The Smithsonian Institution, the Washington National Cathedral, and Armed Forces ceremonial and musical units will participate

in ABMC's official dedication events. Scheduled official events include the Dedication Ceremony, a National World War II Reunion, a Memorial Service, and an entertainment Salute to World War II Veterans.

**Dedication Ceremony** 

The memorial will be formally dedicated on Saturday, May 29, at 2 p.m. Gates will open to the public at 11 a.m. Pre-ceremony entertainment beginning at noon will include live music, video images of the wartime era, and historical information about the memorial. The ceremony that follows will acknowledge the service and sacrifice of the World War II generation and recognize the addition of the memorial to the National Mall area as a unit of the National Park System. President Bush has been invited to receive the memorial on behalf of the nation.

ABMC expects the dedication to be attended by thousands who lived and served during the war, as well as many interested visitors to the nation's capital. Priority consideration for seating, transportation and other amenities will be given to members of the World War II generation.

National World War II Reunion

The Smithsonian Institution's Center for Folklife and Cultural Heritage, in partnership with ABMC, will produce a National World War II Reunion on the Mall. The four-day event (May 27-30) will provide a venue for members of the World War II generation to gather together, meet former comrades, record oral histories, and enjoy 1940's music and World War II equipment displays. The open-air and tented attractions will be exhibited

from late morning to early evening and will be open to the public at no charge. An important goal of the reunion is to educate all generations on the importance of World War II to our nation and the world.

Salute to World War II Veterans

ABMC will present a "Salute to World War II Veterans" at the MCI Center in downtown Washington. The Salute will feature Armed Forces personnel in a musical and narrative tribute to veterans. Three performances are planned: an afternoon matinee and an evening show on Friday, May 28, and an evening performance on Saturday, May 29. The performances will be free and open to the public.

**Memorial Service** 

An interfaith memorial service is set for Saturday, May 29, at 10 a.m. Washington National the Cathedral. The service will celebrate the dedication of the memorial and remember those who made the ultimate sacrifice. Military and civilian clergy, as well as WWII dignitaries, are expected to participate in the service at the cathedral known as A National House of Prayer for all People. Attendance at the service will be controlled due to the limited seating in the cathedral. Efforts are being made to develop alternate viewing sites in the National Capital Area.

Information will also be available by calling the memorial's toll free telephone number at 800-639-4992.

### **HOME FRONT**

## Women's Memorial Host Native American Women's Exhibit

#### **By Rudi Williams**

ARLINGTON, Va., – Army Spc. Lori Piestewa didn't move a mountain, but her death on the battlefield in Iraq touched a nation and changed a mountain's name.

"Squaw Peak," the Phoenix summit with a name that's offensive and controversial to some, is now "Piestewa Peak" – a hero's name.

Among other tributes to the fallen warrior, Piestewa and five others are featured in "Voices," a new exhibit that opened at the Women's Memorial on May 26 to honor and highlight the contributions of Native American women who serve in the armed forces.

A Hopi Indian, Piestewa was given special honors by tribal representatives from across the country because she was the first service woman killed in action in Operation Iraqi Freedom and the first known Native American service woman known to have been killed in combat.

The 23-year-old soldier from Tuba City, Ariz., died from injuries when her unit, the 507th Maintenance Company, was ambushed on March 23 near Nasiriyah, Iraq, by enemy forces in Iraq. She was promoted posthumously.

Her family and representatives from several nations and tribes – among them Hopi, Navajo, Oneida, Odawa, Chukchansi-Mono, Kumeyaay, and Lakota/Dakota -- were here for the exhibit's unveiling ceremony.

In keeping with Native American heritage and culture, the tribes showered the Piestewas with gifts – blankets, shadow boxes, paintings and eagle feathers.

For example, Vice Chairman Aaron Jones and council members Rob Castro and Craig Martinez from the Table Mountain Rancheria Chukchansi-Mono tribe, presented the Piestewa family four blankets representing life, love, strength and knowledge and reason.



Army Spc. Lori Piestewa's parents, Terry Piestewa, left, and Priscilla "Percy" Piestewa, are consoled by Daniel McIntyre, chief executive officer, Triwest Health Care, after the unveiling of the exhibit honoring Native American women.

Piestewa's brother, Adam, told the large audience that on Memorial Day everyone should remember and salute all men and women of the armed services and their families "for their tireless efforts and willingness to sacrifice all they have to give in the name of America."

"We remember those innocent souls whose lives were not lost in vain on the morning of Sept. 11th," Piestewa said. "We honor the warriors who have throughout history laid down their lives for their fellow man and preserved the God given right to freedom."

For Hopi tribe chairman Wayne Taylor Jr., Memorial Day has always been set aside as a time to honor fallen veterans. "But it should also be a time to honor all veterans, male, female, reserve, active duty, Hopi, Hispanic, Asian, Caucasian and African-American," he noted. "It should be a time to reflect and be grateful for the few who valiantly defend what we have grown accustomed to.

"It should not be limited to this day, or times of conflict and war, but it should be recognized and observed in some fashion every day," Taylor said. "We need to be daily reminded that it is the contribution of our veterans which gives us the opportunity to live freely."

Taylor said after Lori Piestewa was killed in action, the most frequently asked question on the Hopi reservation was: "Why did Lori join the Army?"

"Many have speculated and derived their own answers," Taylor noted. "Perhaps it was because she followed in the legacy of those before her – her father, a Vietnam veteran, and her grandfather, a World War II veteran.

"Maybe it was because of early ROTC involvement," he said. "Only Lori could give us the answer. Whatever the reason, the question should not be why did she, but rather, why is it strange for her not to?"

The tribal chairman said Piestewa and the other five veterans being honored, as well as many other Native American women who enlist in the armed forces,

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The Cedartree Singers of Fairfax, Va., provided drumbeats and "vocables" during the unveiling ceremony for the exhibit "Voices" that honors the contributions of Native American Women to the defense of the nation.

### TRAVEL NEWS

## **Cross Country Coffee Safari**

By George Lynch

The search continues for coffee shops by the three AFRH-W coffee hunters. This time, Safari members, Abernathy, and Stites remain in Washington, DC while I continue the hunt throughout the United States.



After a 21-day safari, I did discover several exceptional coffee joints. The one pictured above was in San Diego, California where I had to endure the 68-70 degree temperature this past March. The name of the shop is Bodiens and it is located in the HORTON PLAZA SHOPPING mall in the center of the City. It is on all bus lines and one block from the world famous San Diego Trolley, which runs from many parts of San Diego to the Tijuana, Mexican Border. I also discovered a coffee joint that carried the famous KONA Coffee in a little market located in a San Diego area called OCEAN BEACH. I have tried to get KONA coffee in several of the Starbucks shops the coffee hunters visited in the DC area, but to no avail. This coffee is from the island of KONA in the Hawaiian group and is outstanding. In the travels across the country by train, I did discover other super coffee shops but cannot in the limited space of this article, list them all, but I will mention one or two. One in Kansas City Union Station.

So why don't you ride along and get to the bottom of the coffee pot via

METRO-AMTRAK-SAN DIEGO TROL-LEY AND SAN DIEGO TRANSIT BUS SYSTEMS. Leaving the AFRH-W your first destination is UNION STATION and as we have been there in previous articles. I need not repeat the directions. I started my Java Safari on March 7th this year and after checking-in at the Club Acela Lounge in Union Station, I boarded my train the CAPITAL LIMITED (car #29, room 9), and headed for Chicago. The train leaves DC at 3:30 PM and after stowing my luggage I dropped by the Lounge Car and had a small beverage and conversation with fellow travelers. Soon it was dinner time and decided on the Steak with Salad. Excellent meal and also interesting dining companions. The tables are set for four, so you usually meet 3 new people each meal. Then off to bed that your car attendant has made down for you. (be sure to put in your wake-up call with the attendant, and also set your watch ahead one hour to Central Time.

When I awoke the next morning the smell of coffee drifted into my room and after a quick shave and shower, stopped by the snack counter in my car ( each sleeper has a snack section where there is coffee, juice, hot water for tea or cocoa and also soft drinks) . I must admit this initial cup of coffee was excellent, whether that was because of a great car attendant or just standard for the first class cars or because it was right there..

We arrived in Chicago at approximately 9:00 AM and off to the Metropolitan Lounge in the grand old Chicago Union Station.

With a 3-4 hour layover in Chicago, I spent some time roaming the station, (Be sure to check out the 'GREAT HALL') and then found the riverside coffee shop just on the street level. Good Columbian dark roast coffee. So spent time looking at the passing parade of Chicagoans and then on to my next train.



This time it is the SOUTHWEST CHIEF another superliner and this time I had the deluxe bedroom with my own bathroom and shower. Train #30 from Chicago to Los Angelos running through the states as follows: Illinois; Iowa; Missouri; Kansas; Colorado; New Mexico; Arizona and finally California. A fantastic way to travel the US. We left Chicago at 3:15 PM and whipped through Naperville, Mendota, Princeton, Galesburg (Home of the poet Carl Sandburg). After Galesburg we cross the Mighty Mississippi River over the longest double-decked swing span bridge in the country. The bridge completed in 1927 allows the center section to pivot to allow the river traffic to pass. The river at the time of this trip (March) was exceptionally high after the heavy snows of the winter, but no problem to us. Moving from there into and out of Missouri to Kansas City.

Kansas City was the starting point for the old Santa Fe Trail and the station area was originally called Westport Landing. The Kansas City Union Station has undergone a unique restoration project and conversion to a new CITY SCIENCE CENTER AND MUSEUM.. The station was also the site of the Union Station Massacre in 1933. Don't miss the opportunity to tour this station and also to test the coffee at the JAVA TIME AT UNION STATION shop.

Within thirty minutes of leaving Kansas City we cross the Missouri River on a 135-feet high steel bridge. After a great nights sleep ( also remember to set

your watch to mountain time) you wake up in Lamy, Colorado, (I usually have breakfast and watch the sunrise) then on to the highest point on our trip (7,588 feet) and enter the Raton Tunnel which is in New Mexico.

The train descends the Raton Pass and we have a quick stop in Las Vegas, New Mexico ( not Nevada). This was once an important division point on the Santa Fe Trails and hosted "Billy the Kid", until West Bank vigilantes cleaned up the town. We continue on through New Mexico and have a layover in Albuquerque. There are usually Indians displaying for sale, many of their crafts on the platform at the station and you can also drift away from the station to several new shopping and eating areas located within a few minutes walk. Of course the warm sunshine was very welcome to us North Easterners this time in March so I got off the train and stretched my legs and went off in search of a coffee house.



Found one in sight of the station located in a glassed-in area, just across the street from the new transit center called



Tucanos Brazilian Grille. Good food and the coffee has a smooth full-bodied flavor and aroma.

We leave Albuquerque and head to Gallup, New Mexico referred to as the



"Indian Capital of the World"-a meeting place for Navajo, Hopi, Zuni, Apache and Acoma Indians.

On the return trip a Native American Guide boards the train in Gallup and has a presentation in the Sightseer Lounge Car. He describes the various areas we will pass through between Gallup and Albuquerque.

Soon after leaving Gallup we are in Arizona, first stop is Winslow, called The Meteor City and got its name when a Meteor struck and formed a super large crater. On to Flagstaff, then Williams Junction, a connection point for the Grand Canyon Railway, which takes you to the South Rim of the Grand Canyon.

Through the night the train leaves Arizona and slips into California and through the towns/cities of Barstow, Needles, Victorville, San Bernardino and then Fullerton, the stop at which I connect with the Pacific Surfliner Route to San Diego.



On the Surfliner I head down the Pacific Coast past Anaheim (the home of Disneyland) Santa Ana, San Juan Capistrano (Where the Swallows return each year on St. Joseph's Day in March), Oceanside (Home of Camp Pendleton,, U. S. Marine Corps Base) and finally arrive at the Santa Fe Depot on Broadway, in the heart of the City of San Diego.

Just across the street is the San Diego Trolley and that is your first local ground transport since the the Metro in



Washington, DC. In this case it is the San Diego Transit System and like the Metro you can go from the train to the Bus and that is what I will now do to arrive at my final Coffee Destination.

Pick up the Trolley to Old Town and then get off and board Bus #35 to Ocean Beach. Get off the bus at Narragansett Ave (the bus driver will tell you when you get there). Walk up Narragansett Ave (to your left as you leave the bus) to 4805 at the corner of Narragansett and Sunset Cliffs Blvd. There you will find THE OLIVE TREE MARKETPLACE and say "Hi" to the Owner: Chris Stavros and enjoy your KONA COFFEE! ALOHA!!!We will return to local JAVA JOINTS in our next story, and after returning to DC I will have traveled 6,808 miles on the train. Spending 6 days and 6 nights rocking and rolling.

## AROUND THE CAMPUS

## NCOA PRO/RESIDENT GOLF DAY FINAL RESULTS

1ST PLACE MARK JANSEN RICHARD HEINRICH JEFF ANDERSON JIMMY SPENCER 2ND PLACE CHRIS SYNDER EMIL BYKE TONY MORTON 3RD PLACE
JOHN GUHL
K.C. COLLIER
RAYMOND WHITELOW
ROBERT EDWARDS

LONGEST DRIVE: 50-59 RICH MANSELL 60-69 RUDY HOLLOWAY 70+ MIMI RIVKIN CLOSET TO THE PIN: LAMAR NACE







## Special Visits and Socials



Welcome social for new residents hosted by the Pastoral Care and Religious Activities in the Scott Mediation Room.



National Youth Service Day and Military Appreciation Month was honored by Mayor Anthony Williams during a recent visit to AFRH-W.



AFRH-Washington Women's Group lead by Dr. Rabinowitz meets every Wednesday at 10:00 a.m. in the Lady Sheridan Lounge Room 1105.

## WRAP UP

## **Purple Heart**

#### Continued from page 1

was available to the lower ranks at a time when only officers were eligible for decoration in European armies. "The road to glory in a patriot army," Washington wrote, "is thus open to all."

The decoration was not continued after the Revolutionary War, but its reinstatement was announced by the U.S. War Department (now the Department of Defense) on Feb. 22, 1932, the 200th anniversary of Washington's birthday. The redesigned decoration consists of a purple heart of metal bordered by gold and suspended from a purple and white ribbon. In the center of the medal is a profile bust of George Washington beneath his family coat of arms.

Recipients of the Purple Heart may also join the Military Order of the Purple Heart, "the only congressionally chartered veterans organization exclusively for combat-wounded veterans."

Formed shortly after the 1932 reinstitution of the Purple Heart and chartered by Congress in 1958, the organization represents veterans before the federal government, offers assistance to veterans and their families, and also participates in numerous charitable programs, including volunteer efforts and scholarships.

This stamp features a photograph by Ira Wexler of one of two Purple Hearts awarded to James Loftus Fowler of Alexandria, Va. Fowler was a lieutenant colonel in the U.S. Marines and was serving as battalion commander of the Third Battalion, Fourth Marines when he received this Purple Heart in 1968, following an action close to the Ben Hai River on the border between North and South Vietnam.

#### Reward

#### Continued from page 6

word that means manure. It's not allowed in the Bugler.)

Although cats are extremely independent animals, they are the favorite pets of many people. My close friends, Kathy and Fred, found two stray cats that became part of their family. One was a small black female named Ruby. She was Kathy's "little darling', and died some while ago. The other, a big tomcat named Zeppy, is still part of the family. When Ruby was still alive, my letters to the family started out: "Dear Fred, Kathy, Zeppy, and Ruby."

It seemed that Ruby was very inquisitive. When I visited the family several years ago and stayed overnight, I got up during the wee hours and there was Ruby looking at me from around a corner. She turned quickly and ran off. Zeppy was out in the yard one day, and a hawk swooped down to do battle. Zeppy put up a good fight, and the feathers flew. Nobody was hurt.

While cats are independent and seemingly don't show a great deal of affection, people become closely attached to them. The bond between cats and their owners is often very strong. Kathy and Fred wouldn't have it any other way. Possibly the strongest bond of all is between parent and child. I once had a dream in which a wealthy father willed his entire fortune to his only son. Shortly after the father died, the son went to a casino where he bet everything he had inherited on one spin of the roulette wheel.

He lost. The father, gazing down from heaven, commented, "At least the poor boy enjoyed doing it." That's an example of the ultimate in fatherly love, understanding, and kindness. Photo caption: My uncle, Marion

Shepherd, with his horse.

#### Women's Memorial Continued from page 11

"joined because of one reason that unites us all: They were Americans," Taylor said, "Americans who simply answered the call of duty. And we are grateful to them and to all of those who continue to do so."

Taylor pointed out that only 111 of the hundreds of Native American women veterans have registered at the Women's Memorial. "I would like to encourage our Native American women veterans to register and be counted for your contribution to this country," Taylor said.

Eagle feathers have long been the symbol of bravery, love, honor, friendship and mystical powers. And that's just what Oneida Indian Daniel King, president of the Wisconsin Indian Veterans Association, presented the family along with a shadow box.

Before making the presentation, King said, "We may indeed put Pfc. Lori Piestewa to rest, but her example of warriorism, her response to the call, her courageous example of honor in the face of horror, brings honor to us all."

King said Piestewa will be mentioned in the annals of Indian heroes throughout the course of time. And it's well deserved.

"There is an old warrior saying: 'When you adorn yourself with the implements of war, you are ready to kill. It is only right then, you must be prepared to die as well," King noted. "As Indian people, we know how to face war, we know how to sacrifice, we know how to honor, we know courage. We know how to remember."

The exhibit will remain at the Women's Memorial through November, American Indian Heritage Month. The memorial is the nation's only major memorial honoring all service women -- past, present and future.

#### WATERS 0F WASHINGTON

#### A Glimpse of the Fountains of the District by George Lynch







